

Self-Reliance Index
Indicators to measure refugee self-reliance in non-camp settings
Pilot Version – 28 June 2018

Part 1: Biographic Information

Assessor Information

- Name of Assessor:
- Sex of Assessor (Male/female/other):
- Date of Assessment:
- Agency:

Client Information*

- Chief respondent's name:
- Chief respondent's sex (male/female/other):
Encourage practitioners to interview the same person but provide space for a new respondent
- Case/ Identity number:
- Documentation held by chief respondent (e.g. UNHCR registration, government identity card, etc.): (drop down menu)
- Language assessment conducted in (drop down menu):
- Household composition (list age and sex of each household member – names not required):
- Provide the number of children (0-17), number of adults (18-59) and number of seniors (60+):
- Nationality (drop down menu):
- Primary language of household (maximum of 2): (drop down menu)
- Date of Arrival in Host Country:
- Are members of your household registered refugees with the appropriate identity documents:
Drop down - None, Some, All (government, UNHCR) – will need to be contextualized in country
- Current address of residence: How long have you been living here? (question further if there are frequent moves)
- Preferred form of contact (please aim for at least two forms of contact):
 - *Phone/WhatsApp Number(s):*
 - *Email, Facebook, social media or any other phone number or contact of relative or friend:*

*The biographic information will be anonymized in the aggregate to protect clients' privacy and confidentiality of information.

Part 2: Scored Domains

Domain 1 Housing

Purpose: To determine the household's type of housing.

The Shelter score should take into account the shelter size in relation to family size, quality, ability to protect from the elements and intruders, and local standards and Sphere Standards.

Guiding question: How would you describe your current housing situation?

Note: If doing a home visit, questions will be coupled with basic observations of the living situation.

1. No shelter
2. Makeshift shelter (shack, kiosk, vehicle or other structure not fit for habitation)
3. Temporarily hosted by friends, family, community/faith group, or emergency shelter
4. Apartment or house too small for household size and composition*
5. Apartment or house of adequate size

** SPHERE recommends covered floor area of 3.5m² per person.¹*

Include any important comments here:

Domain 2 Food

Purpose: To determine whether the household is eating sufficiently

The Food score should consider quantity, quality and diversity of foods to achieve a balanced diet and provide all family members with two to three meals per day.

Guiding question: How would you describe your household's food intake in the past month?

Note: In the indicators below, "full meal" means a meal that includes at least two types of food (e.g. a starch and a vegetable)

1. Household is unable to eat 1 full meal per day, with or without assistance.
2. Household is able to eat 1 full meal per day, with assistance
3. Household is able to eat 2-3 full meals per day, with assistance
4. Household is able to eat 1 full meal per day, without assistance
5. Household is able to eat 2-3 full meals per day, without assistance

Include any important comments here:

Domain 3 Health Care

¹ <http://www.spherehandbook.org/en/1-shelter-and-settlement/>

Purpose: To determine whether the household is able to access the health care it needs

The Health Care score includes primary and specialized health care, including acute and chronic conditions for all family members.

Guiding question: Can you and your household get the health care you need?

Note: Answer for the lowest scoring household member.

1. No/never
2. Rarely, with assistance
3. Usually, with assistance
4. Sometimes, without assistance
5. Usually, without assistance

Include any important comments here:

Domain 4	Education
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Purpose: To determine whether school-aged children are in school

The Education score refers to primary and secondary formal education and aims to capture whether children are attending school, regardless of the nature of the barrier(s) to their attendance. The assessor will likely want to probe the reasons for non-attendance or irregular attendance.

Note: Regular attendance is defined as 3 out of 4 weeks of attendance / at least 75% of the time.

1. None are in school*
2. Some are in school but not attending regularly*
3. Some are in school and attend regularly*
4. All are in school but not attending regularly*
5. All are in school and attend regularly

Include any important comments here, especially any details as to why children are not in school (working, fees, etc.):

Domain 5	Safety
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Purpose: To determine whether the household's perception of safety impedes daily activities

Guiding question:

In general, does anyone in the household have safety concerns that interfere with daily life such as work, school, shopping or community life?

Note: Answer for the lowest scoring household member.

1. Always

2. Frequently
3. Sometimes
4. Rarely
5. Never

Include any important comments here:

Domain 6	Employment
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Purpose: To determine whether the household is engaged in income-generating activities

The Employment score should consider any income-generating activity: self, wage, formal/informal employment, seasonal, part-time, small businesses, etc. Score the highest possible score attained by any adult member of the household (e.g. if one adult is employed full-time and another part-time, score full-time). Part-time or full-time employment could be made up of a number of different jobs.

Guiding question: How would you describe the income-generating activities that household members are engaged in?

Note: Score for the highest scoring household member.

1. No employment
2. Temporary, irregular/seasonal, unsteady
3. Regular part-time* or self-employment
4. Full-time or self-employment (inclusive of multiple part time jobs), but unstable
5. Full-time or self-employment, stable

* Part-time is defined as less than 35 hours per week. Full-time is 35+ hours per week.

Include any important comments here especially if there is a situation of child labor:

Domain 7	Income
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Purpose: To determine sources of income/assistance coming into the household

Income refers to money and resources currently coming into the household from any source (remittances, rent support, cash assistance, or wages and earnings from income-generating activity, etc.)

Guiding question: How is your household supporting itself to meet its basic needs?

1. Has no earnings, fully reliant on assistance
2. Has minimal earnings and is mostly reliant on assistance
3. Has minimal earnings and has no assistance
4. Has sufficient earnings, is not reliant on assistance, but not able to save
5. Has sufficient earnings, is not reliant on assistance, and is able to save

Include any important comments here:

Domain 8	Social Capital
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Purpose: To understand the support networks and relationships the household has.

Social capital includes having interdependent relationships with friends, family, neighbors, and other community members or community-based organizations (e.g. faith or self-help groups) for provision of needed support, such as emotional, financial, and informational support. These social connections may be available locally or may provide support from abroad, e.g. remittances, job information, etc.

Guiding question: What relationships do you have that provide you support; who do you turn to for needed support?

1. Has no one/place to turn to for needed support
2. Has limited people/places to turn to for needed support
3. Has reliable family/refugee community relationships to turn to for needed support
4. Has reliable family/refugee community relationships and sporadic relationships with host community to turn to for needed support
5. Has reliable relationships with members of both refugee and host community to turn to for needed support

Include any important comments here:

Domain 9	Resilience
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Purpose: To determine the household's ability to manage daily life, including stresses and shocks.

Resilience refers to the ability of people and households to mitigate, adapt to, and recover from shocks and stresses in a sustainable manner. This is different from the Social Capital domain in that the Resilience domain is focused on one's mental and emotional capacity to overcome shocks and stresses, rather than on one's social relationships.

Note: This domain is meant to capture the client's view of their ability to cope, not the assessor's opinion of the client's ability to cope

Guiding question: In general, do you feel that your household is....

1. Unable to cope with anything
2. Unable to cope with most things
3. Able to cope with some things
4. Able to cope with most things
5. Able to cope with everything

Include any important comments here:

Part 3: Open Questions

1. Are there any reasons you think it will be difficult for your household to meet its basic needs in the future?

2. Is there anything else you think we should know about your situation?

Detail any referrals for future follow up:

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